

Quality of work life of employees of medical sciences universities in Iran: a systematic review

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Abstract

The high quality of work life (QWL) for employees is essential for an organization in recruiting and retaining staff, and consequently, for the growth of that organization. Quality of work life is a multifaceted paradigm that ensures employee well-being, which is influenced by various factors including job satisfaction, career advancement, organizational commitment and loyalty, employee retention, efficiency, professional development, performance enhancement, autonomy, and workload. The aim of this study was to provide a comprehensive review of the quality of work life for employees in medical universities in Iran.

Keywords: Quality of work life, Employee health, Productivity, Job satisfaction

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